

# Sagol Daily Schedule

7:30-8:30- Drop Off

8:30-9:00- Shirah/snack

9:00-9:30- Morning meeting

9:30-10:00- Judaics

10:00-10:30- Teva

10:30-11:00- Playground/ (Monday, Gym Bus)

11:00-12:00- Creative activity / Centers (Thursday, Yoga)

12:00- 12:30- Lunch

12:30- 1:00 – Books/Puzzles/Diapers/Potty

1:00-3:00- Nap

3:00-3:30- Snack/Diapers/Potty

3:30-4:00- Story Time/Singing/Recap the day

4:00-4:30- Playground

4:30-5:00- Cool down/ Yoga/ Movement

5:00-5:30 Table toys

**\*Friday- lunch at 11:00, Shabbat at 12:00, Pick up 4:30**